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# **Lova Gehr Njuguna, MC, NCC, LPC**

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## **Professional Objective**

To obtain a teaching position in psychology or other social services discipline at the junior college, college or graduate school level.

To obtain a counseling position or clinical management position in a private counseling or behavioral health agency.

## **Summary of Qualifications**

Ability to establish rapid rapport with diverse cultural populations from various referral sources, including parolees, probationers, HIV positive, lesbian and gay, Hispanic, African-American, Native American. Areas of expertise include risk assessment and treatment in sexual offense, domestic violence, and substance abuse as well as anger management, relationship issues, and sex and love addiction. Prefer adult clients in treatment, with a broader scope in sexual offender assessment, including juveniles and people with developmental disabilities. Preferred treatment methods include cognitive behavioral and social learning theories.

Ability to establish rapid rapport with diverse cultural populations. Able to facilitate groups and workshops using media supports and a variety of didactic and process approaches. Areas of expertise include behavioral and substance addiction, relationship and interpersonal issues, sexual offense, and domestic violence. Areas of interest include group counseling techniques, theories, human relationships, life span development, communication, emotions management.

## **Education**

1994 - 1997                      University of Phoenix                      Tucson, AZ

### **Master of Counseling**

1969 - 1973                      Millersville College                      Millersville, PA

### **Bachelor of Arts, English**

## **Certification & Licensure**

2009                                      Arizona Board of Behavioral Health Examiners

**Licensed Professional Substance Abuse Counselor                      #11871**

2009                                      National Association of Cognitive-Behavioral Therapists

**Certified Cognitive-Behavioral Therapist                                      #12615**

1999                                      Arizona Board of Behavioral Health Examiners

**Licensed Professional Counselor                                      #2171**

1997                                      National Board for Certified Counselors

**National Certified Counselor                                      #50891**

**Work  
Experience**

1/2007 – present      Pima Counseling LLC      Tucson, AZ

Owner, Private Counseling Practice

- Provide individual counseling services to self-referred adult males and females in the areas of sexual abuse, anger management, relationship issues, and sex and love addiction.

3/2007 – present      University of Phoenix      Tucson, AZ

**Faculty Member**

Teach the following bachelor level classes

- BSHS 471 – Mental Health & Crisis Intervention
- BSHS 442 – Advocacy & Mediation
- PSY 428 – Organizational Psychology

Teach the following masters level classes

- CNSL 502 – Counseling Portfolio 1 (co-faculty)
- CNSL 504 – Lifespan Development

1/2007 – present      Center for Life Skills Development      Tucson, AZ

**Counselor, Clinical Supervisor, Sexual Offender Program Director**

Provide individual or group counseling for men and/or women, either self-referred or court-mandated (including Pima County Adult Probation, Tucson Parole, and Indian Health Services), addressing domestic violence, anger management, sexual offense, substance abuse and general mental health.

- Facilitate clinical supervision meetings in absence of Chief Clinical Manager.
- Provide clinical supervision to unlicensed counselors and student interns.
- Develop program formats for Sexual Offenders, Anger Management, and Cognitive Skills.
- Serve as Treatment Liaison to the Pima County Drug Court Program when requested by Chief Clinical Manager.

9/2005 – 12/2006      Counseling & Consulting Services, a division of  
Community Provider of Enrichment Services, Inc.      Tucson, AZ

**Clinical Director, Counselor**

- Supervise daily clinical operations in Tucson office.
- Supervise Program Coordinators in Tucson, Phoenix, and Flagstaff, r.e. clinical supervision, hiring and orientation of clinical staff, program development and management, relationships with referral sources, and adherence to OBHL and BBHE licensing standards.
- Coordinate Clinical Operations with Administrative Operations.
- Perform Executive Clinical Director duties in absence of Executive Clinical Director.
- Oversee the development of in-house professional training.
- Assist in the writing of proposals for new and renewed contracts.

**Work  
Experience  
(continued)**

- Provide individual or group counseling and assessment in sexual offense, domestic violence, anger management, substance abuse.
- Provide pre-adjudication and post-adjudication risk assessments and court testimony concerning assessment and treatment of sexual offenders.

4/1998 – 9/2005      Counseling & Consulting Services, Inc.      Tucson, AZ

***Clinical Director, Coordinator of Offender Services, Counselor***

- Supervise daily operations involving clinical issues, service to clients, relationships with referral sources and adherence to OBHL standards.
- Coordination of best use of room space and counselor schedules.
- Perform Executive Director duties in absence of Executive Director.
- Develop and institute weekly in-house professional and operational training.
- Interview, hire and orient counselors.
- Provide clinical supervision to unlicensed counselors and interns.
- Write proposals for new and renewed contracts, including Pima County Adult Probation, Pima County Juvenile Probation, and Adult, Children, Youth and Families/Child Protective Services
- Provide individual or group counseling for men and/or women, either self-referred or court-mandated, addressing domestic violence, anger management, sexual offense, substance abuse and general mental health.
- Provide assessment in sexual offense and substance abuse offense.
- Testify in court concerning assessment and treatment of sexual offenders.
- Develop formats for Programs for Sexual Offenders, Women's Domestic Violence Offenders, Anger Management, Healthy Relationships, and Life Management Skills.
- Provide contracted group counseling and lecture workshops for Cottonwood De Tucson.
- Participate in the development of group models and curricula for the Drug Court Treatment Program for the Superior Court of Pima County, including the Relapse Program.
- Serve as Treatment Liaison for the Pima County Drug Court Program and CPSA Arizona Families First Program.
- Provide court testimony r.e. assessment and treatment of sexual offenders.

10/1997 – 10/1998      Compass Healthcare      Tucson, AZ

***Case Manager, Vida Nueva***

- Guided and documented recovery and life skills progress of residents at a transitional housing community for females recovering from alcoholism and drug addiction.
- Provided individual case management and community group counseling sessions on employment, parenting, education, medical/psychological referrals and related recovery activities.
- Lectured to residents of Vida Serena, entry-level recovery program, on Guilt and Shame, Grief and Loss, Fear and Anxiety, and Anger and Depression.
- Presented in-house training seminar on Case Management Techniques to

**Work  
Experience  
(continued)**

interns and other counselors.

8/1997 – 10/1998

Westcenter

Tucson, AZ

**On-call Therapist**

- Facilitated group counseling for in-patient, outpatient, and Aftercare phases in substance abuse and other addictions using 12-Step model.
- Lectured to inpatients and Family Program on Sex and Love Addiction, Guilt and Shame, Treatment and Recovery, Family of Origin, Relationships and Communication and Approach/Avoidance Relationships.
- Charted daily contact, diagnostic summaries and discharge summaries.

**Conferences &  
Seminars**

- 2007 – *Cyber-Offending & Cyber-Offenders*. Arizona Association for the Treatment of Sexual Abusers Spring Conference. Det. Rory Forrestal.
- 2006 - *Sex Offender*. Northern Arizona University DDD Spring Training Series. Robert McGrath, Ph.D.
- 2005 – *Current Trends in Assessment of Sex Offenders & Efficacy of Current Treatment Strategies*. Arizona Association for the Treatment of Sexual Abusers Annual Spring Conference. Dennis Doren, Ph.D.
- 2004 – *A Cognitive-Behavioral Treatment Program for Sexual Offenders*. Arizona Association for the Treatment of Sexual Abusers Annual Spring Conference. William L. Marshall, Ph.D., F.R.S.C.
- 2004 – *National ATSA (Association for the Treatment of Sexual Abusers) Convention*, Albuquerque, NM, various presenters and workshops.
- 2003 – *Assessment and Treatment of Sex Offenders*, Specialized Training Services, Anna Salter, Ph.D.
- 2003 – *The Abusive Personality*, Specialized Training Services, Donald Dutton, Ph.D.
- 2000 – *Understanding Craving: Managing the Physiology and Psychology of Compulsive Behaviors*, Rhea Jacobsen Management, Rick Glantz.
- 2000 – *Anger and Rage*. U.S. Journal Training Inc. 2<sup>nd</sup> Annual Conference. Featured speakers: Patrick Carnes, Ph.D., Robert Ackerman, Ph.D. and Jerry Diffenbacher, Ph.D.
- 1999 – *Celebrating Ten Years of Drug Courts: Honoring the Past, Looking to the Future*. National Association of Drug Court Professionals 5<sup>th</sup> Annual Training Conference.
- 1998 – *Exploring New Horizons: Counseling Skills for the Next Millennium*. Family and Addiction Conference and Educational Seminars. Featured speakers: Donald Meichenbaum Ph.D. and Stephanie Covington.
- 1998 – *The Culture of Domestic Violence: Who to Treat*. Arizona Association of Marriage and Family Therapists.
- 1997 – *The Art of Healthy Relationships*. Pia Mellody.

**Workshops &  
Trainings**

- 2008 – *Practical Supervision* (6 hours-clinical supervision). Southwest Institute for Group & Family Therapy. Del Worley M.C. & Janet Lee O'Connor Ed. S.
- 2008 – *Discovery of Deception Through Discourse*. Arizona Association for the Treatment of Sexual Abusers Quarterly Training. James B. Stewart

**Workshops &  
Trainings  
(continued)**

- Ph.D. (1.5 hours)
- 2007 – *Pima County Adult Probation Overview of Evidence-Based Therapeutic Enhancements*. Pima County Adult Probation. (6.5 hours)
  - 2007 – *Assessing & Treating Compulsive Sexual Behaviors*. PESI Training. Brian Zamboni, Ph.D. (6.25 hours)
  - 2007 – *Embracing Our Selves: Negotiating Inner Conflict with Voice Dialogue Techniques*. Tucson Area Networking Breakfast. Ellen Sullins, M.A., Ph.D. (2 hours)
  - 2007 – *Therapeutic Justice in the Workplace: Using Imago Relationship Therapy in Employment Disputes*. Employment Assistance Professionals Association of Southern Arizona. Bonnie Brinkman, LISAC, MA, Certified Imago Relationship Therapist (1 hour)
  - 2007 – *Sex Offender Management Team in Yavapai County*. Arizona Association for the Treatment of Sexual Abusers Quarterly Training. Sondra Wilkening, M.S., LPC and other members of the Yavapai treatment and monitoring network. (1.5 hours)
  - 2007 – *RESTORE: Justice That Heals*. . Arizona Association for the Treatment of Sexual Abusers Quarterly Training. Lesley Beach, B.A., Program Director, RESTORE. (1.5 hours)
  - 2007 – *Treatment of Female Sex Offenders in the Arizona Prison System*. Arizona Association for the Treatment of Sexual Abusers Quarterly Training. Richard Hurt, Ph.D. and Gregory Waugh, Psy. D. (1.5 hours)
  - 2007 – *Drug Court Training*. Center for Life Skills Development In-House Training. Mark Nichols, M.Ed. LPC (1 hour)
  - 2006 – *Hare Psychopathy Checklist-Revised (PCL-R)*. (14 APA CEU's) Darkstone Research Group & Fresno Area Psychological Association, the Center for Forensic Studies at Alliant International University, & Multi-Health Systems, Fresno, CA. Robert D. Hare Ph.D. & Adelle E. Forth, Ph.D.
  - 2006 – *Advanced Training in Clinical Decision Making for Experienced Users of the Abel Assessment for Sexual Interest (and the Abel-Blasingame Assessment for Individuals with Intellectual Disabilities)*. New England Forensic Associates & Abel Screening, Inc., Atlanta, GA.
  - 2006 – *The Art of Clinical Supervision*. (12 CEU's) Institute of Continuing Education for Human Service Professionals. Jewish Family & Children's Services. Ann MacEachron, Ph.D., M.S.W., L.C.S.W., Josefina Ahumada, M.S.W., L.C.S.W., Robert Kafes, D.C.S.W, A.C.S.W., L.C.S.W.
  - 2006 – *Covert Arousal Conditioning*. Arizona Association for the Treatment of Sexual Abusers, Quarterly Educational Meeting. David R. Harvey, Ph.D. & Philip Johnson, M.S.
  - 2006 – *Cultural Awareness*, CPSA Training Programs, Victor Flores, M.C., L.A.C.
  - 2006 – *Polygraphing the Post-Convicted Sex Offender/APA 'Best Practice' Guidelines & AOC Specifications*. Arizona Association for the Treatment of Sexual Abusers Quarterly Training. James Hanratty, APA.
  - 2006 – *Petitioning Clients With Danger to Self or Others*. Counseling & Consulting Services In-House Professional Training. Sherri Mikels-Romero, L.C.S.W.
  - 2006 – *Domestic Violence in the Gay Community*. Counseling & Consulting Services In-House Professional Training. Melita Quanes, from Wingspan

**Workshops & Trainings (continued)**

Anti-Violence Program.

- 2005 – *Sex Offender Assessment & Rehabilitation (SOAR): Treatment in the Arizona Prison System*. Arizona Association for the Treatment of Sexual Abusers Quarterly Training. Jeff Golde, Ph.D.
- 2005 – *Effective Court Testimony*. Thea Gilbert, J.D.
- 2005 – *Ethics & Confidentiality in Behavioral Health: Delivering Service with Confidentiality and Respect*. CPSA Training. Ericka Leer & Jim Cates.
- 2005 – *Staying Out Of Trouble: Documentation and Legal Processes in Psychotherapy*. National Association of Social Workers, AZ Chapter. Tim Hoffmann, M.C.
- 2005 – *Sexual Compulsivity: Considerations for Working with the Couple*. Sierra Tucson Area Networking Breakfast. Holly McCarter, M.S., L.P.C.
- 2004 – *Advanced Training for Experienced Users of the Abel Assessment for Sexual Interest*. New England Forensic Associates & Abel Screening, Inc., San Francisco, CA.
- 2004 – *Behaviorology Training*. John Ferriera, Ph.D. (18 hours).
- 2004 – *Working with People Facing Grief & Loss*. Mark Levine.
- 2001 – *Professional Standards and Ethical Practice*, Counseling & Consulting Services Inc. In-House Professional Training. David R. Harvey, Ph. D.

**Workshops & Trainings I Have Presented**

- 2007 – *Employee Intervention and Ethics & Boundaries*. Pima County Juvenile Justice Probation Officers.
- 2006 – *Getting Groups Going*. Counseling & Consulting Services In-House Professional Training.
- 2005 & 2006 – *Initial Stages of a Group*. Guest teacher, Rehab Counseling Program, University of Arizona, for Dr. Les McAllan
  
- 2005 – *Denial: How It Looks, Why Offenders Use It, & How We Handle It*. Training for Pima County Adult Probation Sexual Offender Unit. With Trudi Blaylock, M.A., and David R. Harvey, Ph.D.
- 2005 – *Denial*. A presentation for Sex Offender Assessment & Rehabilitation (SOAR) treatment providers at the Wilmot Prison.
- 2001 – *Sex and Love Addiction: Etiology and Interventions*. Sierra Tucson Area Networking Breakfast.
- 2001 – *Sex and Love Addiction: Etiology and Interventions*. CPSA Training Programs.

**Miscellaneous**

- Arizona Department of Public Safety, Fingerprint Clearance Card, current to 8/17/12. (2A01154851)
- *Adult CPR*, certification current to 11/6/08.
- *First Aid*, certification current to 11/6/09.
- 2005 – Treasurer of the Arizona Association for the Treatment of Sexual Abusers.

**Miscellaneous  
(continued)**

- 2004 – Clinical Membership in the Association for the Treatment of Sexual Abusers.
- 1999 – Interviewed on *Nightline* segment as Treatment Liaison for Pima County Drug Court Program.